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# Native Americans in Iowa: 2024

November 2024

The first American Indian Day was celebrated in May 1916 in New York. In 1990, President George H.W. Bush signed a joint congressional resolution designating November 1990 as "National American Indian Heritage Month." Similar proclamations have been issued every year since 1994.

## 20,215

The number of Native Americans and Alaska Natives in Iowa according to the 2023 Annual Population Estimates. This is an 82.4% increase in population between 2010 and 2023.

## 1,142

Population in the Sac and Fox/Meskwiaki American Indian Area according to the 2020 Census.

## 12,536

The projected American Indian and Alaska Native non Hispanic population of Iowa in 2060. According to Woods & Poole Economics Inc., Native Americans will constitute 0.4 percent of the states total population on that date.

2024 Woods & Poole Economics Inc.

**34.5**  
The median age of Iowa's American Indian and Alaska Native population in 2023. The median age for the state was 39.1.

## Families and Children

### 2,546

The number of American Indian and Alaska native families in 2022 who reside in Iowa.

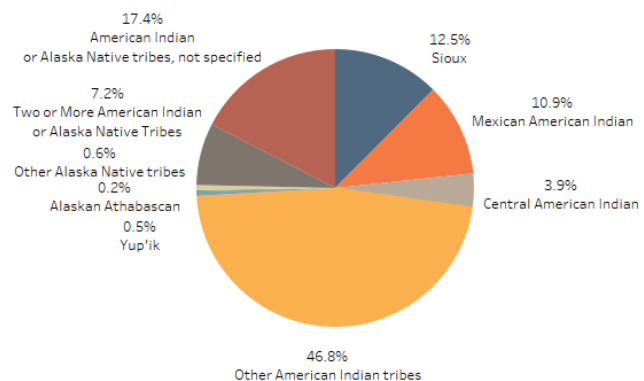
### 75.0%

Percentage of American Indian and Alaska Native married-couple families with related children under 18 years of age in 2022. This compares to 38.9% for the state of Iowa.

### 9.6%

Percentage of American Indian and Alaska Native population under age 5 in 2023. This compares to 5.8 percent for the state of Iowa.  
2023 Annual Population Estimates

American Indian and Alaska Natives in Iowa by Selected Tribe  
2018-2022 American Community Survey



## Education

**1,694**

The number of Native Americans enrolled in the state's elementary and high schools during the 2023-2024 school year.

**-33.2%**

Percent decrease in Native American enrollment between the 2009-2010 school year and 2023-2024.

Source: Iowa Department of Education

**66.9%**

The percentage of Iowa American Indian and Alaska Natives age 25 and over, who had at least a high school education in 2023. For the state of Iowa it was 93.3%.

**11.9%**

The percentage of Iowa American Indian and Alaska Natives age 25 and over, with a bachelor's degree or higher in 2023. For the state of Iowa it was 31.5%.

**304**

Number of Iowa American Indian and Alaska Natives 25 years and older with an advanced degree in 2023. (e.g., master's, professional, doctorate.)

### Serving our Nation

**234**

The number of Iowa American Indian and Alaska Native veterans of the U.S. armed forces in 2023.

### Disability

**17.0%**

The percent of Native Americans in Iowa with a disability in 2023. The percentage of all Iowans with a disability is 13.2%.

### Migration

**36.1%**

The percentage of American Indians and Alaska Natives in 2023 who were born in Iowa. This compares to 69.5% of the total population in Iowa who were born in the state.

**79.1%**

The percentage of American Indians and Alaska Natives in 2022 who lived in the same house the previous year. For the entire state of Iowa, that percentage was 87.2%.

## Employment

**2.8%**

The unemployment rate for Iowa American Indian and Alaska Natives in 2023. The Iowa unemployment rate at that time was 2.8%.

**661**

The number of Iowa American Indian and Alaska Natives in sales and services occupations.

**826**

Iowa American Indian and Alaska Natives in management, business, science and arts occupations.

**25.0%**

The percentage of Iowa American Indian and Alaska Natives in service occupations.

Source: 2018-2022 American Community Survey

**23.4%**

The percent of Iowa American and Alaska natives in the production, transportation, and material moving occupations.

### Housing

**52.9%**

The percentage in Iowa of households with a householder who is American Indian and Alaska Native in Iowa who own their home in 2023. This compares with 71.8% for the state of Iowa.

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Data Source (unless otherwise noted) :  
U.S. Census Bureau,  
2023 American Community Survey  
2020 Decennial Census  
Photos by the U.S. Census Bureau

## Counties and cities

**3,443**  
The number of American Indian and Alaska Natives in Woodbury County in 2023, making it largest population of American Indian and Alaska Natives in any Iowa county.

**34.5%**  
In 2023, a third of the total American Indian and Alaska Native population live in Woodbury, Polk, and Tama counties.

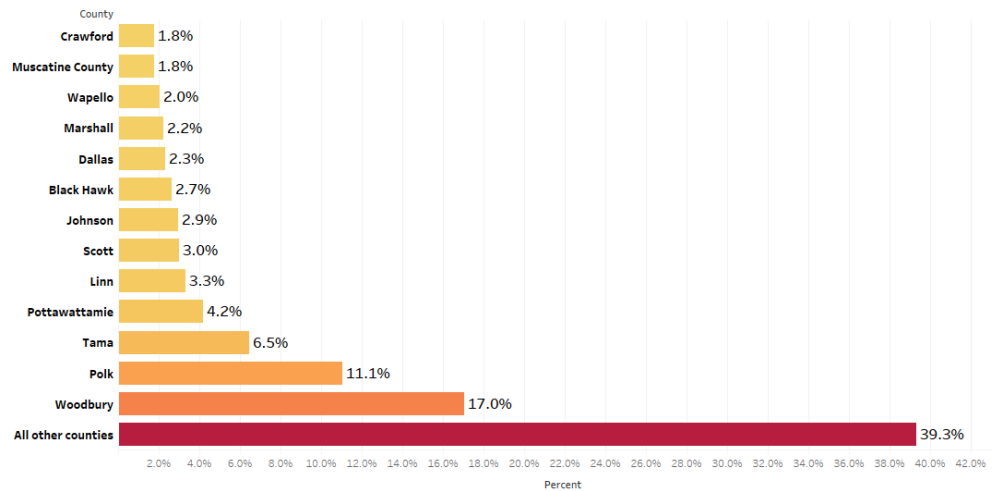
**1,729**  
The population of American Indian and Alaska Natives in Sioux City making it largest population of American Indian and Alaska Natives in any city in Iowa.

**50.2%**  
The growth in Iowa's Native American population from 2000-2023 occurred in ten counties: Black Hawk, Crawford, Dallas, Johnson, Marshall, Polk, Pottawattamie, Tama, Wapello, and Woodbury.

**7.7%**  
The percent of total population in Tama County who are American Indian and Alaska Natives in 2023. The next county with a high percentage of American Indian and Alaska Natives is Woodbury with 3.2%.  
*2023 Annual Population Estimates*

**32.9%**  
The percentage of Iowa's total American Indian and Alaska Natives population living in five cities: Sioux City, Des Moines, Marshalltown, Davenport, and Council Bluffs.  
*2018-2022 American Community Survey*

Percent of Iowa's Total American Indian and Alaska Native population: 2023



## Income, poverty, and health insurance

**\$50,847**  
The median income of Iowa American Indian and Alaska Natives households in 2023. The median household income for the state was \$71,433.

**\$71,206**  
The median income of Iowa American Indian and Alaska Native families in 2023. The median family income for the state was \$92,352.

**17.4%**  
The percent of the Iowa American Indian and Alaska Native population with no health insurance coverage in 2022. The corresponding rate for all Iowa is 5.0%

**\$34,448**  
The per capita income of Iowa American Indian and Alaska Natives in 2023. The per capita income for the state was \$39,518.

**22.6%**  
The poverty rate for the Iowa American Indian and Alaska Native population in 2023. The corresponding rate for Iowa is 11.3%